# Home Injuries and **Prevention**:



General Facts and Figures; Sources and Resources; Common Strategies

## NZ Facts and Figures:

- In NZ more injuries happen at home than at work, on the roads or playing sport ; on average someone is injured at home every 48 seconds!
- Annually there are approximately 250 deaths, 16.500 primary admissions to hospital and 520,000 claims to Accident Compensation Corporation as a result of unintentional home injuries
- In 2013/14 ACC accepted 1,115,824 new claims for home and community injuries (2013/14 total \$1.8 million new claims)
- The most common injuries in the home include slips/trips/falls, lifting /carrying, loss of balance, burns/scalds and poisons

#### **Sources and Resources:**

Home Injury Statistics:	<pre>IPRU injury query system (specify injury parameters): http://ipru3.otago.ac.nz/niqs/ ACC injury statistics: http://www.acc.co.nz/about-acc/statistics/injury-statistics-tool/index.htm# ACC injury claim comparison reports by district: http://www.acc.co.nz/preventing-injuries/communities/injury-comparison-reports/index.htm Deaths and hospital admissions as a result of home injuries: https://www.nzma.org.nz/journal/read-the-journal/all-issues/2010-2019/2010/vol-123- no-1316/article-kool https://www.nzma.org.nz/journal/read-the-journal/all-issues/2010-2019/2011/vol-124- no-1347/article-kool</pre>
Home Injury	ACC: http://www.acc.co.nz/preventing-injuries/at-home/index.htm
Prevention	Home Injury webinar: http://www.safecommunities.org.nz/resources/recorded-webinars



www.safecommunities.org.nz

# Home Injuries and Prevention: continued



### Types of Home Injury Prevention: (See also Falls Prevention Fact Sheet 08):

ACC Home Safety checklists (general)	http://www.acc.co.nz/PRD_EXT_CSMP/groups/external_communications/documents/ publications_promotion/wpc096939.pdf Publications on a range of home safety topics: http://www.acc.co.nz/publications/index.htm?ssBrowseSubCategory=At%20home
Fire safety	NZ Fire Service: Facts. Figures and advice: http://www.fire.org.nz/Fire-Safety/Pages/Fire-Safety.html ACC: http://www.acc.co.nz/preventing-injuries/at-home/PI00002 and http://www.acc.co.nz/preventing-injuries/at-home/WPC094385
Child Injury Prevention	Child Home Injury Prevention: http://www.safekids.nz/ Child Burns/Scalds Prevention resources: http://www.safekids.nz/Safety-Topics/Details/Type/View/ID/4/Burns Child Poisons prevention resources: http://www.safekids.nz/Safety-Topics/Details/Type/View/ID/10/Poisoning Child Proofing a Home: http://www.acc.co.nz/preventing-injuries/at-home/child-proof-your-home/index.htm
Internet safety	Internet safety: http://www.police.govt.nz/advice/email-and-internet-safety/online-child-safety
DIY	http://www.acc.co.nz/preventing-injuries/at-home/diy-around-the-home/index.htm
Driveway safety	Housing New Zealand information for home owners: http://www.hnzc.co.nz/assets/Uploads/A-guide-to-driveway-safety-for-property-owners- brochure.pdf Driveway run over prevention resources: http://www.safekids.nz/Safety-Topics/Details/Type/View/ID/8/Driveway-Run-Over
Home office/study	Habit At Work self help to prevent discomfort/pain and injury: http://www.habitatwork.co.nz/

More information is available from 'Safe Communities Foundation NZ': 128 Hurstmere Road, Takapuna, Auckland, New Zealand

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