

Home Injuries and Prevention:

General Facts and Figures; Sources and Resources; Common Strategies



NZ General Facts and Figures:

- In NZ more injuries happen at home than at work, on the roads or playing sport ; on average someone is injured at home every 48 seconds!
- Annually there are approximately 250 deaths, 16,500 primary admissions to hospital and 520,000 claims to Accident Compensation Corporation as a result of unintentional home injuries
- In 2013/14 ACC accepted 1,115,824 new claims for home and community injuries (2013/14 total \$1.8 million new claims)
- The most common injuries in the home include slips/trips/falls, lifting /carrying, loss of balance, burns/scalds and poisons

Sources and Resources:

Home Injury Statistics:	<i>IPRU injury query system (specify injury parameters):</i> http://ipru3.otago.ac.nz/niqs/ <i>Latest injury claim statistics:</i> http://www.acc.co.nz/about-acc/statistics/injury-statistics/index.htm <i>Injury claim comparison reports by district:</i> http://www.acc.co.nz/preventing-injuries/communities/injury-comparison-reports/index.htm <i>Deaths and hospital admissions as a result of home injuries: NZ Medical Journal</i> https://www.nzma.org.nz/journal/read-the-journal/all-issues/2010-2019/2011/vol-124-no-1347/article-kool
Home Injury Prevention	ACC: http://www.acc.co.nz/preventing-injuries/at-home/index.htm Home Injury webinar: http://www.safecommunities.org.nz/resources/recorded-webinars

Types of Home Injury Prevention: (See also Falls Prevention Fact Sheet 08):

ACC Home Safety checklists (general)	<p><i>Fix your accident hotspots around the home:</i> http://www.acc.co.nz/PRD_EXT_CSMP/groups/external_ip/documents/publications_promotion/pi00218.pdf</p> <p><i>Getting your home ready for Winter:</i> http://resources.ccc.govt.nz/files/ACCWinterHomeSafetyChecklist.pdf</p> <p><i>Safety begins at home:</i> http://www.acc.co.nz/PRD_EXT_CSMP/groups/external_communications/documents/publications_promotion/prd_ctrb113975.pdf</p>
Fire safety	<p><i>NZ Fire Service: Facts. Figures and advice:</i> http://www.fire.org.nz/Fire-Safety/Pages/Fire-Safety.html</p> <p><i>ACC:</i> http://www.acc.co.nz/preventing-injuries/at-home/PI00002 and http://www.acc.co.nz/preventing-injuries/at-home/WPC094385</p>
Child Injury Prevention	<p><i>Child Home Injury Prevention:</i> http://www.safekids.nz/</p> <p><i>Child Burns/Scalds Prevention resources:</i> http://www.safekids.nz/Safety-Topics/Details/Type/View/ID/4/Burns</p> <p><i>Child Poisons prevention resources:</i> http://www.safekids.nz/Safety-Topics/Details/Type/View/ID/10/Poisoning</p> <p><i>Child Proofing a Home:</i> http://www.acc.co.nz/preventing-injuries/at-home/child-proof-your-home/index.htm</p>
Internet safety	<p><i>Internet safety:</i> http://www.police.govt.nz/advice/email-and-internet-safety/online-child-safety</p>
DIY	<p><i>Chainsaw/ladder safety:</i> http://www.acc.co.nz/preventing-injuries/at-home/diy-around-the-home/index.htm</p>
Driveway safety	<p><i>Housing New Zealand's award winning programme:</i> http://www.hnzc.co.nz/info-for-tenants/health-safety/driveway-safety-programme</p> <p><i>Driveway run over prevention resources:</i> http://www.safekids.nz/Safety-Topics/Details/Type/View/ID/8/Driveway-Run-Over</p>
Home office/study	<p><i>Habit At Work self help to prevent discomfort/pain and injury:</i> http://www.habitatwork.co.nz/</p>

More information is available from
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Website: safecommunities.org.nz